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| **Basketball** | | | |
| **Format** | | **Aim:** | |
| **Number of Players** | 5 per team | The game is played with two teams and the aim is score more points than the other team in the allocated game time. | |
| **Game Time** | 6 minutes per quarter. | **Equipment** | Basketball (Size 4 5-8 year olds, Size 5 9-11 year olds), Basketball Nets, Bibs. |
| **Scoring** | | **Main Rules** | |
| **1 point** is given each time a Free Throw is Scored.  **2 points** are given if a basket is scored from inside the 3-point line.  **3 points** are given if a basket is scored from outside the 3-point line.  25+ Basketball Wallpapers, Backgrounds, Images,Pictures | Design Trends ... | | * Each game is started by a jump ball in the centre circle and begins when the ball is legally tapped by one of the jumpers. * You need to keep yourself and the ball inside the playing area (player out of bounds & ball out of bounds rule). The ball will go to the other team if the ball is dribbled or passed out of bounds. The ball restarts with a pass from where the ball went out of bound. * **Travelling Rule.** You cannot walk or run while holding the ball; so in order to move on court, you must dribble. If you do not bounce the ball after every two steps the ball will be given to the other team. * **Illegal/Double Dribble.** You cannot dribble with two hands at the same time or dribble again after catching the ball. If this happens the ball is given to the other team. * From the moment the ball is at the disposal of the player, he has five seconds to throw the ball to another player on the court. If not, the ball is turned over to the other team. * Free Throws are taken from the Free Throw line and a total of two attempts are allowed. Normal play restarts after the second Free Throw is taken. | |
| **Types of Fouls** | |
| **Personal Fouls**  A player is given a personal foul if they make significant contact with the opposition player in position. The ball stays with the opposing player and is either played as a free pass or a free throw if committed when a player is shooting. 5 personal fouls and the player is ejected from the game.  **Flagrant Fouls**  A player commits violent contact which is not a directly to play the ball within the rules. Two such actions will mean that the player is ejected from the game.  If the players actions are deemed unnecessary and excessive then the player can be ejected after one incident.  **Technical fouls**  A player commits a foul that is unrelated to physical contact during gameplay such as unsportsmanlike conduct, delaying the game, illegal tactics. These count to your total foul limited of 5 per player. | |
| **Diagram of Playing Area** | | | |
| A Detailed Diagram of the Basketball Court - Sports Aspire ... | | | |